

Friday – 22 Nov 24, Afternoon Session

- 1) Long term outcome of Pediatric chronic anterior uveitis retrospective study. 42 patients were studied
  - Predominantly oligoarticular
  - Early detection and treatment prevents from complications in the long run
  - a better outcome in JIA uveitis when compared to isolated Chronic anterior uveitis
  - Dr prajakta Dekate
- 2) Systemic Sclerosis (SSc) Gastrointestinal (GI) Involvement
  - Based on a cohort of 250 patients
  - Higher positivity of anti-Scl-70 antibodies

Calcinosis: More common in diffuse cutaneous SSc (dcSSc)

SRC accounts for 3% of cases

  - Dr Manna Jacob
- 3) Impact of disease activity on annual healthcare expenditure in relation to DMARD prescriptions in Rheumatoid Arthritis- KRA Cross sectional study across 17 rheumatology centres in Karnataka - Younger care givers provided better care. Caregivers had poor knowledge of the disease – Dr Harshini A S
- 4) Mindin regulates fibroblast sub population Result- Mindin stimulated sca1A+ fibroblasts to become pro inflammatory And promoted CD26 fibroblasts to become self regenerative – Dr Sunny Kataria
- 5) Tadalafil loaded SNEDDS promote chondroprotective effect by mitigating ROS in chondrocytes of OA – Prof Vikas Agarwal
- 6) Gene expression analysis of Kawasaki disease via RT PCR method. Out of 15 genes,6 genes were up regulated IL 1B and MMP 9 showed a 6 fold increase out of which IL1 B had significant reduction post treatment – Dr Abarna Thangaraj
- 7) combined blockade of IL 6 Tocilizumab and IL 17 Secukinumab can help in stabilisation or reversal of vascular stenosis in takayasu atherosclerosis – Ms Kritika Singh
- 8) Start early rehabilitation in AIRD
- 9) Passive exercise in acute and active exercise in subacute and chronic
- 10) Cryotherapy for acute and heat for chronic inflammation
- 11) Exercise help in IIM in decreasing lipid substitution of muscle
- 12) In Spondyloarthritis prescribe spine mobility, range of motion, and back strengthening stretching exercises deep breathing gentle stretching for enthesitis

- 13) Occupation therapy in acute RA- resting splints joint protection
- 14) wrist fusion - shelf arthroplasty is an option in RA
- 15) Tibial or fibular osteotomy in early stages in early Oa cases but not in RA

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